A success story of a women availing biogas as a basic domestic facility

Empowering Women Through Biogas Facility

Narrated By:
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**Beneficiary’s Profile**

**General Info**

- **Beneficiary**: Nazia Mubashir
- **Ages**: 22 years
- **Occupation**: Housewife
- **Village**: Chak 215
- **Tehsil**: Faisalabad
- **District**: Faisalabad
- **Province**: Punjab, Pakistan

**Biogas Plant Info**

<table>
<thead>
<tr>
<th>Sr.</th>
<th>Type</th>
<th>Size</th>
<th>Date of Construction</th>
<th>Plant I.D</th>
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</thead>
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<td>1</td>
<td>GGC</td>
<td>15m³</td>
<td>30-01-2013</td>
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*: As on 12-05-2014
Nature has created man and women in equal provision of rights, privileges and responsibilities, but the situations and facts are quite against the natural law. It is often seen that the women have with more responsibilities than their rights and privileges. They are so engaged in their domestic chores that they have no time to take care for themselves. Consequently they remain less healthy, weak and frustrated than the men. Not only physical but most of the social disadvantages to women are also caused by the same man-made and imbalance distribution of rights and responsibilities. In their parents’ home they are given less important than their male siblings, they are given domestic responsibilities in a very early age, they lose their right to education and are married in early age. After that they resume their life in their husband’s house with enhanced burden of responsibilities where the life gets worst with the responsibilities of children, catering, hosting and a lot of other domestic responsibilities.

The entire penalties get double for the women in the rural family setup. Apart of the lot of domestic responsibilities the ill-fated rural women are living their lives without basic facilities. They have to fetch water for the entire family for drinking, cooking, and washing, provide firewood or make dung cakes for cooking and heating, look after their children, wash their clothes, clean up the entire house, maintain the black-smoking kitchen, facilitate their entire family in other desired takes, and even to work in farms and fields as well. These tiring chores and responsibilities kill their time to take care of their own self. This led them to get trapped in various physical and psycho-social problems.

Nazia Mubashir is one of the same women how did hard efforts to provide fuel to their kitchen for cooking and heating needs. During her childhood Nazia studied up to primary and wished to continue her education but her wish could not come true as she was given responsibilities in the kitchen. At the age of 19 she got married and got responsibilities of kitchen same as before. She used dung cakes to cook food for the family including her children. Although she was provided with readymade dung cakes but its burning was not easy. Its soot made the cooking difficult and time consuming. The environment in the kitchen was smoky and unhygienic. But the poor lady was compelled to work in the same environment as there was no solution or alternate resources of kitchen fuel.
As Nazia remained busy several hours for providing fuel to the kitchen and cooking the food in inconvenient conditions, she rarely got time to attend her children properly. Her children used to engage in playing with harming objects and involved in dangerous activities. Their education had also not been focused so the children got deprived from many rights of their development. Nazia and her husband were concerned about the issue but they could not help the situation as there was no alternate facility available that could save time and reduce efforts for cooking and heating.

Nazia was living in a joint family with her sister-in-law Ishrat Adeel. She was also victim of the same shortage but she had heard about PDBP and intended to construct a biogas plant for providing her home with biogas facility. During January 2014 Ishrat Adeel contacted PDBP and constructed a 15m³ biogas plant in the open area of her house and the family started benefiting from biogas. Nazia, her sister-in-law and her husband are responsible for feeding dung in the biogas plant. Nazia’s family is a large family having 12 members living in a joint family system. But the biogas is enough for the entire cooking and heating needs of the family.

After provision of the biogas in home, Nazia is very comfortable in working in the kitchen. There are no more soot and unhygienic conditions. The kitchen and the pots are neat and clean and working in the kitchen is so comfortable that it saves much time to spend with the family and complete other domestic chores. The ready-fuel is always available for cooking and there are no more worries of shortages as the biogas is produced on daily bases.
Nazia completes all chores in time and spends the extra time with her children. She plays with her children and takes more care for their health, diet, cleanliness education, and other needs. Her children playing under supervision of their mother feel more comfortable and safe. Nazia’s daughter is studying in class one. Nazia helps her completing her homework and preparing for tests. The little girl is never late or going to school without lunch as before. She says that she is very happy to spend much time with her mother.

Nazia supports her girl’s education and sends her school regularly. She considers biogas as a blessing of God. Other neighbors of Nazia are still using dung cakes but Nazia motivates them to contact PDBP and construct the biogas plant to enjoy its benefits.