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Post Event Report

Training of Trainers on Community Based Disaster Risk Management for Staff Members of National Rural Support Programme & Thardeep Rural Development Programme

September 2-5, 2015 and September 10-13, 2015



USAID/OFDA funded CBDRM Tahafuz II– Cost Modification:
Building Resilience through Community Based Disaster Risk Management in Sindh Province of Pakistan

Rural Support Programmes Network (RSPN)

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Acronyms

- A&N Advocacy & Networking
- CBDRM Community Based Disaster Risk Management
- CCI Critical Community Infrastructure
- CO Community Organization
- CRP Community Resource Person
- DIU District Implementation Unit
- DRMP Disaster Risk Management Plan
- DRR Disaster Risk Reduction
- DRM&P Disaster Risk Management & Planning
- LSO Local Support Organization
- NDMA National Disaster Management Authority
- NRSP National Rural Support Programme
- OM&D Organizational Management & Development
- PDMA Provincial Disaster Management Authority
- PDRA Participatory Disaster Risk Assessment
- PMU Project Management Unit
- PSU Project Support Unit
- RSPN Rural Support Programmes Network
- RSPs Rural Support Programmes
- TRDP Thardeep Rural Development Programme
- ToT Training of Trainers
- UDMC Union Disaster Management Committee
- VDMC Village Disaster Management Committee
- VO Village Organization

Background

After the successful implementation of first two phases, RSPN with the financial support of USAID-OFDA has initiated “**CBDRM Tahafuz-II Cost Modification phase**” in partnership with the National Rural Support Programme and the Thardeep Rural Development Programme. For current twelve month period the project activities have been scaled up to 222 new revenue villages within 20 additional union councils in already intervened four disaster prone districts of Sindh province. Based on need of project i.e. geographic expansion (additional UCs) and selection of new and additional field staff, PMU at RSPN planned to organize Training of Trainers and Project Orientation sessions during the first week of September 2015. ToT and orientation sessions are considered as first steps towards developing a group of individuals who are able enough to build capacity on DRR of community members residing in remote target areas. PMU staff including Project Manager Tahafuz, CBDRM Capacity Building Specialist and Documentation & Reporting Officer conducted sessions from September 1 to 14, 2015 for sixty six participants from both partner RSPs in District Thatta and Tharparkar.

1) Objectives

- To enable participants to understand the CBDRM Approach.
- To enable participants to understand Training Design.
- To enable participants to deliver training to Tahafuz Project targeted audience.

2) Methodology and Materials

Participatory approach was applied during the training. Participants were encouraged to actively involve in training sessions for better understanding. Training was started with brainstorming as icebreaking technique. For participatory disaster risk assessment and planning after the concepts clarity, participants were divided into four groups for practical application of the theory explained earlier. After the group work, every group leader presented their work to the participants. Questions were asked to develop understanding, and participants gave their suggestions for improvement.

Theoretical subjects were explained with practical examples. Handouts were distributed among the participants.



3) Proceedings

3.1) Orientation Session

Project Orientation sessions were conducted by Mr. Muhammad Akbar Raza, Project Manager, on each first day of training events at both RSPs. Field teams were familiarized with project's theme, objectives and activities. Project Manager precisely explained project's components of CBDRM Tahafuz; Social Mobilization, Capacity Building, Small Scale Mitigation Measures and Linkages Development of established community institutions with relevant stakeholders. He pointed out various steps (agreed with donor) needed to be followed during implementation of project activities. District wise work plans and targets were also discussed with team members during the sessions.

3.2) Sessions on Training of Trainers

Once orientation session was conducted, Mr. Atta Ur Rehman, CBDRM Capacity Building Specialist, started formal training sessions. It was comprehensive four days of training covering almost all aspects of Disaster Risk Reduction. The main topics covered under training are listed below:

S.No	Description
1	Orientation about Disasters
2	Community Based Disaster Risk Management
3	Participatory Disaster Risk Assessment
4	Disaster Risk Management and Planning
5	Community Action for Disaster / Emergency Response
6	Advocacy and Networking
7	Organizational Development and Management

The participants remained involved throughout the training. A brief of these sessions is as under:

Initially, participants were given basic knowledge and concepts regarding Disaster Risk Management. The session enabled the participants to have clear understanding of Hazard, Risk, Capacity Mitigation, Prevention, Preparedness, Rehabilitation and other similar elements related to DRM. The facilitator then highlighted the importance of CBDRM approach by correlating with traditional approach. Additionally he also described various steps involved in CBDRM process.

Once the participants got an idea about basic terms, the facilitator then delivered detailed sessions on Participatory Disaster Risk Assessment. This session helped field team to learn how to conduct:

- **Hazard Assessment:** Using various tools like Historical Village Profile, Seasonal Calendar, Hazard Matrix and Hazard Mapping.
- **Vulnerability Assessment:** To provide information of sectors at risk using Vulnerability Mapping, Seasonal Calendar, Transact Walk, and Problem Tree.

- **Capacity Assessment:** Utilizing tools like Resource Mapping, Venn diagram, and Semi Structured Interview.

Having enough knowledge of disaster risk assessment, the participants were then trained on how to formulate Disaster Risk Management Plan for a Revenue Village. These plans generally help to increase communities' resilience through greater relevant knowledge of disasters as well as better preparation by adopting preventive and remedial protective measures. A session was also conducted covering various chapters of first aid during which the participants learnt about emergency aid, its importance and different methods. All participants practiced various techniques of first aid. The topics including Fracture & Injuries, Wounds and Bleeding, CPR, Heat Stroke, Chocking, Bites, Poisoning and Bandages were focused by the facilitator. Necessary information while providing first aid was also discussed with the staff. The facilitator trained them that a first aid provider should:

- Remain calm and never lose attention and concentration.
- Remain confident while dealing with injured and traumatized people.
- Check situation and resources.
- Keep on calling for help during operation.
- Command whenever and wherever necessary.
- Use common sense and be creative.

A brief introductory session was delivered by the Project Manager on immunization of livestock and kitchen gardening to fight hunger during drought. Mr. Krishna and Mr. Ayaz from Health System Strengthening Project (HSSP) were invited for discussion about Extended Program on Immunization (EPI) at Thatta and Tharparkar. They discussed possible ways of integrating this activity with DRR. Similarly Mr. Salam Memon, CEO TRDP, also participated during one of the sessions and appreciated efforts of the team for conducting the training.

3.3) Technical Guidelines on Mitigation Measures:

This session was conducted by Mr. Shah Faisal, Documentation & Reporting Officer. Under small scale mitigation measures, community members are facilitated by rehabilitating one prioritized scheme at revenue village level. Technical knowledge and skills are needed for better implementation of such schemes. During this Training of Trainers (ToT) the field staff also underwent a session on "Technical Guidelines on Mitigation Measures". Project team including CBDRM and field engineers was trained on how to maintain engineering specifications during implementation of schemes. The session also covered basic knowledge of how to conduct feasibility study for schemes.

The Documentation & Reporting Officer also delivered a session on record keeping and project reporting. Various checklists for document maintenance (both in soft and hard form) were discussed with the field teams. He also shared various formats for periodic updates, Monthly Performance Report, and Beneficiary Data Collection.

4) Conclusion

Overall it was an informative, participatory and well organized four days event with each RSP's project staff. The training program was designed on the principles of participatory and experimental learning. The training will produce a cadre of CBDRM experts for imparting the obtained knowledge to VDMC

members who could enhance capacities of the communities at the lowest possible intervention units namely settlements.

5) Closing Ceremony

Both Project Coordinators Mr. Ali Muhammad Kallar, TRDP, and Mr. Ayaz Ali Kaka, NRSP, thanked PMU staff for arranging a successful event. PMU staff also appreciated field staff for active participation. At the end certificates were distributed among participants by Project Manager Tahafuz, Project Coordinators and Capacity Building Specialist.

6) Picture Gallery



Participants are exercising shallow water crossing technique and how to perform CPR during a session.



Certificates distribution ceremony and group photo of participants with Project Manager, Project Coordinator and Capacity Building Specialist.



Project Manager CBDRM Tahafuz delivering project orientation session to field staff at District Tharparkar and Thatta.



Participants exercising Risk assessment using different tools like Hazard Map, Resource Map and Seasonal & Historical calendar. During training presentation session was also conducted for explaining the assigned task.