



SUCCESS STORY

Small steps towards social change



Teji, a resident of village Abdin farm, teaches at a primary school and works as a CHW under the MCH Program.

Teji's view on social mobilization of the community:

"As I am an educated female of this village so I thought that I should serve my community. Therefore I started to teach the children as well as initiated work on health issues of the female members of the community."

Teji, wife of Shangan Kolhi, lives in a small village of Abdin Farm village in District Mirpur Khas. The village has only one basic health unit and MNCH center.

Teji is among very few residents of the village who have passed secondary school. She is a teacher at a primary school funded by Sindh Education Foundation. Her husband works at a local filling station on daily wage basis and earns a meager income.

Teji strongly feels the need of educating the people in her village on issues related to health. She believes that women lack basic knowledge of antenatal, natal and post-natal care which causes serious health complications for mother and child consequently increasing maternal and infant mortality rate.

When the MCH Program initiated the identification process to involve Community Health Workers (CHWs), Teji, eager to join the program, was selected.

After receiving certain training sessions through MCH Program she has now sufficient knowledge to guide other women and help them resolve various health issues. She is working to encourage the community members and pregnant women to always seek services at professional health care centers to ensure the safety of the mother and child.