

Komak Project - Success Story - Dadu

Sustainable healthcare and livelihoods – the story of Haji Ghulam Qadir

Haji Ghulam Qadir, a resident of Daatoo Channo, union council Kamal Khan, in district Dadu was one of the selected beneficiaries to receive all eight Komak interventions. He was a farmer and lived with his wife and four children. As his income came from farming and his land was completely flooded, he had taken up labour work as a temporary means to support his family.



Figure 1: Haji Ghulam Qadir and his family



Figure 2: Flood water in Daatoo Channo

Daatoo Channo was taken as a model village and all eight interventions proved to be very useful for it as it was completely under water and encountered a lot of damages. Approximately 50% of the houses had been completely destroyed and majority of the houses in the area were severely damaged. During the assessment, Haji Ghulam Qadir had

requested TRDP for help to reconstruct his house as he had no place to keep his family. The

handpump was also of the highest requirement as his family had to face a lot of problems due to the intake of unclean water. This led to a lot of health issues, especially skin allergies, Diarrhoea, Gastro, high fever, and Malaria. Fortunately there was easy availability of medicines in Daatoo Channo as the hospital was 5 km away.

Haji Ghulam Qadir had four Cows and a Goat, and used grass or chop up to feed his animals. They had gone very weak as it was very difficult to provide his animals with adequate nutritional food. He had also requested TRDP to help him in this regard. As the flood water had dried out from some of his fields, he had already started sowing wheat as an alternative crop and stated it would be ready to harvest in the next six months. Haji Ghulam Qadir was relieved and very emotional when he received all eight interventions from Komak. He said he was very grateful for all the help they had provided, especially w.r.t to hygiene and healthcare as that is where most of their savings were being spent. He said there was absence of hygiene practices before the hygiene sessions were conducted and the Pit Latrine installed inside his house was very



Figure 3: Remaining livestock of Haji Ghulam Qadir



Figure 4: Tarpaulin sheet used to cover the roof of Haji Ghulam Qadir's house

useful especially for the women of the family. Ghulam Qadir made sure that hygiene practices were taken into careful consideration and kept the pit latrines and areas around it clean. He stated, "The hygiene session and kit helped men, women and children understand the concept of cleanliness. This helped us keep personal and environmental hygiene in perspective while at home and outside. There was a prominent decrease in medical problems especially skin allergies and water borne diseases after cleanliness was given priority to. The water purification tablets were very helpful and it felt very good to drink clean water at last. I would make sure my family followed the hygiene practices religiously." Handpumps were a major requirement and he was glad they were installed at a nearby distance. Also, as he has already reconstructed his house, he used the tarpaulin sheet to cover the roof of the house with bamboo poles and other wood.

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Figure 5: Pit latrine installed outside Haji Ghulam Qadir's damaged house



Figure 1: Jerry Can used for storing water

The animal feed supplement was the most useful as it had made the animals stronger, more milk was being produced, and their skin had become better. He said, "I would have never had the financial resources to keep my animals alive if it was not for the supplement. I feel proud that my animals are now a much better asset as they are healthier and I could also sell them off if I have any financial problems in the future." He claimed, the money that he received from the 'watan card' was now being used for basic household requirements such as ration and was not going to waste on healthcare, water and animal feed. Haji Ghulam Qadir said the Mosquito season was over but he would use the mosquito nets in the summers and was told by the SO's how to put them up.