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PROGRAMME FOR IMPROVED NUTRITION IN SINDH (PINS)

In close collaboration with the Accelerated Action Plan, Government of Sindh



RSPN Staff Orientation Workshop Report Karachi 27-28 February, 2018

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Acronyms

AAP	Accelerated Action Plan for Reduction of Stunting and Malnutrition in Sindh
ACF	Action Against Hunger
AFS	Agriculture and Food Security
CDD	Community Driven Development
CLTS	Community Led Total Sanitation
CEO	Chief Executive Officer
CM	Chief Minister
CO	Community Organization
COO	Chief Operating Officer
CRP	Community Resource Person
DPO	District Project Officer
DRR	Disaster Risk Reduction
ER	Expected Results
EU	European Union
FFS	Farmer Field School
GOS	Government of Sindh
LSO	Local Support Organization
M&E	Monitoring and Evaluation
NRSP	National Rural Support Programme
PHED	Public Health Engineering Department
PINS	Programme for Improved Nutrition in Sindh
PMU	Programme Management Unit
SUCCESS	Sindh Union Council and Community Economic Strengthening Support
RSPN	Rural Support Programmes Network
RSPs	Rural Support Programmes
SRSO	Sindh Rural Support Organization
TRDP	Thardeep Rural Development Programme
UC	Union Council
VO	Village Organization
WASH	Water Sanitation and Hygiene

Overview

Government of Sindh (GoS) through its Planning and Development Department (PDD) is implementing a six-year multi-sectoral Sindh Accelerated Action Plan for Reduction of Stunting and Malnutrition (AAP), with the objective of reducing stunting rate from the existing 48 percent to 40 percent by 2021. The European Union (EU), under the EU Commission Action Plan on Nutrition 2014, is supporting GoS in addressing the issue of malnutrition. Therefore, EU Brussels Office has approved the four-year Programme for Improved Nutrition in Sindh (PINS) to be implemented in ten districts of Sindh starting from February 15, 2018.

RSPN is leading the PINS Expected Results (ER) 3 component with four partners: Action Against Hunger (ACF), National Rural Support Programme (NRSP), Sindh Rural Support Organisation (SRSO) and Thardeep Rural Development Programme (TRDP). This component includes nutrition sensitive interventions i.e. Water Sanitation and Hygiene (WASH) and Agriculture & Food Security (AFS).

RSPN organized an orientation workshop for its Programme Management Unit (PMU) and technical partners. This orientation was held on 27-28 February 2018 at Movenpick Hotel in Karachi. This document outlines the proceedings of the workshop. The agenda is annexed as Annex A, list of participants and definition of EU are annexed as Annexes B and C.

Proceedings of the Workshop

Welcome Note and Introduction

The PINS staff orientation workshop began with a recitation of the Quran by a volunteer from the audience. The participants introduced themselves and Akbar Raza, Programme Director of PINS welcomed them to the team. He described the overall objectives of PINS and that it will be implemented in ten districts of Sindh and with close coordination with AAP. These districts include Shikarpur, Thatta, Kambar Shahdadkot, Larkana, Dadu, Jamshoro, Matiari, Sajawal, Tando Allahyar and Tando Muhammad Khan.

Mir Hussain Ali, CM's coordinator for Nutrition, GOS provided opening remarks for the workshop. He explained that the need for the Accelerated Action Programme arose due to the severity of malnutrition and its socioeconomic implications, particularly in interior Sindh. Members of the GoS working on AAP were also present at the orientation and encouraged to provide their feedback to the strategies.

Overview of Accelerated Action Plan (AAP)

Sheheryar Memon, Programme Manager for AAP introduced the outline of the Government of Sindh's Accelerated Action Plan (AAP). He outlined the roles of the line government departments that are involved in implementing the multi-sectoral project.

A discussion followed which emphasized the need to ensure that there is synergy but no overlap between AAP, PINS and other nutrition related projects. He also emphasized the need to integrate the toolkits of both projects and advised consolidating the program manual with the toolkit.

Overview of PINS Programme

An introduction to PINS was provided by Bashir Anjum, Social Sector Specialist at RSPN. He discussed the collaboration between various partners to implement the three components of the project and the role RSPN will play in these components. He also explained how the PINS project is being implemented in close coordination with AAP. In terms of outreach, out of the ten districts that PINS is covering, AAP will cover 50% of the Union Councils while RSPN-PINS will cover the rest.

Bashir Anjum also discussed the ER-3 component of PINS which RSPN is leading in partnership with Action Against Hunger, Sindh Rural Support Organisation, National Rural Support



Coordinator to the CM on Nutrition, Mir Husain Ali, delivers opening remarks.



Programme and Thardeep Rural Development Programme. This component includes nutrition sensitive interventions i.e. Water Sanitation and Hygiene (WASH) and Agriculture & Food Security (AFS).

Role and responsibilities of Conseil Sante under EU-funded PINS ER-1 Technical Assistance Component

Dr. Nadeem Jan represented Conseil Sante and introduced the ER-1 component of PINS. He explained that Conseil Sante will provide Technical Assistance in partnership with SOFRECO and Prime Foundation. The ER-1 component focuses on enhancing capacity of the GoS and other stakeholders regarding nutrition-related policy/strategy development, coordination, implementation, adaptive research, data collection/analysis and communication.

He emphasized the importance of synergies between the various partners and components of PINS in order to achieve the overall objective of the programme.



Members of Conseil Sante, Action Against Hunger and SRSO at the orientation workshop

Introduction to RSPN and Three-tiered Social Mobilization

Khaleel Tetlay, COO of RSPN, discussed how the PINS programme is linked with the core vision of RSPN, that is, realising people's potential for social and economic development. He explained that PINS will be following the Community Driven Development (CDD) Approach which centres on the belief that poor men and women have an innate potential to help themselves, that they can better manage their limited resources if they organise themselves into their own institutions. He also gave a brief background on RSPN's work in Pakistan, which includes focusing on strengthening capacities of rural poor and encouraging them to work with each other and build social capital, as well as strengthen the Rural Support Programmes (RSPs) to foster institutions of the people.

Overview of SUCCESS and UCBPRP

Fazal Saadi, Programme Manager for SUCCESS, presented an overview of SUCCESS and UCBPRP which the PINS programme will be using as a base for implementation of the ER-3 component. He elaborated on the three-tier social mobilization approach which is being used for the SUCCESS project. He discussed the origins of community organizations (COs), Village Organizations (VOs) and Local Support Organization (LSOs) and how they will be employed for the implementation for AAP and PINS. He explained that the CO/VO and LSO will perform the following functions:

- Provide platform for effective community engagement for WASH and ASF
- Implementation and operation and maintenance of water related projects
- Provide community support to AAP for implementation of programme activities.



RSPN staff at the Orientation Workshop

Conceptual Framework

Day 2 began with a recap of presentations from the previous day.

Next, Jennifer Khan, Country Director represented ACF which is providing technical assistance to the PINS ER-3 component. She introduced the UNICEF (1990) conceptual framework which provides the basis of applying a multi-sectoral approach to reducing malnutrition. She also briefly discussed the immediate and underlying causes of malnutrition. She explained that malnutrition is linked directly with diseases and food insecurity, but also education, lack of sanitation and cross-cutting themes such as gender, climate-change and cultural practices which are being addressed through the project.

The discussion provided the participants of the workshop with an understanding of how the various activities of ER-1, ER-2 and ER-3 are linked to malnutrition. The pathways between agricultural food systems, WASH and nutrition were given special focus. The presentation also highlighted the importance of the first 1,000 days and the role of women in nutrition which justifies targeting children under 5 and pregnant and lactating women in Sindh.

Discussion of Implementation of Activities

Bashir Anjum, Social Sector Specialist, RSPN outlined the various activities that are included in the proposal and will be implemented under PINS. He discussed in detail the various activities that will be implemented related to the following:

1. Agriculture and Food Security
2. Livestock
3. Fisheries
4. WASH

He also discussed that the following cross-cutting themes will be incorporated in each of the above components: Community-level Disaster Risk Reduction, Gender, and Rights-based approach. The Program Coordinators of the relevant components of AAP were present in the presentations and contributed to the discussion of how activities will be implemented.

Discussion on M&E Component and Related Activities

Khurram Shehzad, M&E Specialist of RSPN explained the M&E policies of RSPN and how they will be mainstreamed in PINS. He noted that monitoring and evaluation should be impartial, useful, accountable, equal and credible. He outlined the M&E activities of the programme which include development of a uniform M&E Framework based on action document and the log frame of PINS. He outlined the following M&E resources and activities: RSPN's M&E Manual; Key Performance Indicators (KPIs); Management Information System(MIS); Capacity Building of the M&E staff of programme; and regular monitoring visits and reporting.

He also explained the structure of the M&E team of the programme. He discussed the importance of evaluating impact through base-line, mid-line and end-line surveys and explained that the surveys will be conducted by RSPN and that technical expertise will be provided by an international organization that specializes in M&E.

Discussion on Communication and Visibility Activities

Akbar Raza, Director of PINS ER-3 outlined the plan for effective communication, visibility and coordination with stakeholders. He encouraged participants to maintain close coordination with their counterparts in GoS as well as the implementation and technical partners of PINS. He emphasized that this participative and consultative approach ensures that all activities are implemented with input from key stakeholders, i.e. the government and the communities in particular, hence ensuring local ownership.

He outlined the different activities that will take place to ensure proper visibility and communication, such as supporting the EUD contractor to develop a Communication and Visibility plan, documenting case studies and success stories, newsletters, and print and social media campaigns.

Participants agreed that visibility of activities and results of the programme need to be maintained to ensure that the learnings are taken up as a model for other development programmes.

Closing Remarks

Akbar Raza ended the orientation with concluding remarks. He wished the team good luck for the implementation of the PINS programme. He also thanked the participants for their attendance and for contributing to the future accomplishment of the programme

Annex A

List of Participants

No.	Name	Organization/Department
1	Muhammad Akbar Raza	RSPN/PINS
2	Zaheer Ahmed Dayo	RSPN/PINS
3	Ghulam Sarwar Memon	RSPN/PINS
4	Mohan Thakur	RSPN/PINS
5	M. R. Kayani	RSPN/PINS
6	Dr. Abdul Khaliq	RSPN/PINS
7	Rabab Jaffar	RSPN/PINS
8	Jennifer Khan	ACF
9	Muhammad Aamir	ACF
10	Rabia Rauf	ACF
11	Affan M.Baig	RSPN/PINS
12	Ayesha Maysorewala	RSPN/PINS
13	Bashir Anjum	RSPN
14	Ali Muhammad Kallar	TRDP
15	Munawar Alee Kapri	RSPN/PINS
16	Fazal Ali Saadi	RSPN/PINS
17	John Ashley	Conseil Sante
18	Dr. Nadeem Jan	Conseil Sante
19	Khaleel Tetlay	RSPN
20	Badar Ul Islam	RSPN
21	Imtiaz Ali	RSPN/PINS
22	Shahana Ali	RSPN/PINS
23	Qazi Haseeb Rauf	RSPN
24	Abdul Ghani	RSPN/PINS

No.	Name	Organization/Department
25	Nisar Ahmed	SRSO
26	Muhammad Aamir	NRSP
27	Abdul Salam	NRSP
28	Jamal Mustafa Shoro	SRSO
29	Dileep Kumar	RSPN/DAFPAK
30	Ghulam Sarwar Khero	RSPN
31	Khurram Shahzad	RSPN
32	Ghulam Mustafa	NRSP
33	Mir Hussain Ali	GoS
34	Shehryar Memon	GoS
35	Muhammad Naeem Khan	RSPN/PINS
36	Deedar Ahmed Bhutto	GoS
37	Dr. Mir Allah Dad Talpur	GoS
38	Kathryn Ennis-Carfer	TA

Annex B

Workshop Agenda and Schedule

Day-1: February 27, 2018

Time	Details	Facilitator
0830-0900	Registration	Ghulam Sarwar Memon, Admin. & Logistic Assistant
0900-0905	Recitation from Holy Quran	One of the participants
0905-0920	Introduction of the participants	Muhammad Akbar Raza, Programme Director PINS ER-3
0920-0925	Welcome note	Mir Hussain Ali, CM's Coordinator to Nutrition, GOS
0930-0945	Overview of Accelerated Action Plan(AAP)	Mr. Shehryar Memon, Program Manager AAP
0945-1000	Role and responsibilities of Conseil Sante under EU-funded PINS ER-1 Technical Assistance component	Dr. Nadeem Jan Conseil Sante Representative
1000-1015	Introduction to RSPN and three tiered social mobilization	Khaleel Ahmed Tetlay, COO, RSPN
1015-1045	Overview of SUCCESS and UCBPRP - a base for implementation of PINS Programme	Fazal Ali Saadi
1045-1100	Tea Break	
1100-1130	Overview of PINS programme and its links with AAP	Bashir Anjum, Social Sector Specialist, RSPN
1130-1330	Discussion on Implementation of community level sanitation activities to achieve Open Defecation Free Villages Note: This component will be implemented in close coordination with WASH program of GOS, hence presence of representative from relevant line department of AAP is required for this session	Bashir Anjum, Social Sector Specialist, RSPN/ Amir Khan ACF
1330-1430	Lunch Break	

1430-1700	<p>Discussion on Implementation of water related activities</p> <p>Note: This component will be implemented in close coordination with PHED hence presence of PHED representative is required for this session</p>	Bashir Anjum, Social Sector Specialist, RSPN/ Amir Khan ACF
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Day-2: February 28, 2018

Time	Details	Facilitator
0900-0915	Recap	Munawar Alee Kapri
0915-1100	<p>Discussion on Implementation of Agriculture, Food Security related activities</p> <p>Note: This component will be implemented in close coordination with Agriculture department hence presence of representative from relevant line department of AAP is required for this session</p>	Bashir Anjum, Social Sector Specialist, RSPN/ Amir Khan ACF
1100-1130	Tea Break	
1130-1230	<p>Discussion on Implementation of Livestock related activities</p> <p>Note: This component will be implemented in close coordination with Livestock department hence presence of representative from relevant line department of AAP is required for this session</p>	Bashir Anjum, Social Sector Specialist, RSPN/ Amir Khan ACF
1230-1330	<p>Discussion on Implementation of Fisheries related activities</p> <p>Note: This component will be implemented in close coordination with Fisheries department hence presence of representative from relevant line department of AAP is required for this session</p>	Bashir Anjum, Social Sector Specialist, RSPN/ Amir Khan ACF
1330-1415	Lunch Break	

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1415 – 1445	Discussion on activities related to community level Disaster Risk Reduction (DRR) and mitigation measures to be adopted for climate change	Bashir Anjum, Social Sector Specialist, RSPN/ Amir Khan ACF
1445-1530	Discussion of M&E component and related activities	Khurram Shahzad Specialist M&E, RSPN
1530-1545	Tea Break	
15:45-1630	Coordination with stakeholders , Communication and Visibility activities	Akbar Raza Programme Director PINS-ER-3
1630-1700	Closing Remarks	Khaleel Ahmed Tetlay, COO, RSPN

Annex C

Definition of European Union: The European Union is a unique economic and political union between 28 European countries that together cover much of the continent. The EU was created in the aftermath of the Second World War. What began as a purely economic union has evolved into an organization spanning policy areas, from climate, environment and health to external relations and security, justice and migration.

The EU is based on the rule of law: everything it does is founded on treaties, voluntarily and democratically agreed by its member countries. The EU is also governed by the principle of representative democracy and has delivered more than half a century of peace, stability and prosperity, helped raise living standards and launched a single European currency: the euro. One of the EU's main goals is to promote human rights both internally and around the world. Human dignity, freedom, democracy, equality, the rule of law and respect for human rights: these are the core values of the EU.

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