



PROGRAMME FOR IMPROVED NUTRITION IN SINDH

In support of the Accelerated Action Plan, Government of Sindh



THE PINS PULSE

January 2019

Meeting for the AAP Health Coordination Forum (HCF)



PINS 1 organised the kick-off meeting on the AAP Health Coordination Forum (HCF), on January 8th, 2019. The new HCF is a platform where all partners implementing health interventions committed to meeting on a monthly and quarterly basis to review and appraise progress on 'nutrition' specific interventions of AAP. PINS 1 initiated this AAP Health Coordination Forum as a conduit and a platform for coordination of health related 'nutrition' interventions. The Secretary of Health has committed to notify and officiate the HCF.

Preparation for Workshops on Nutrition-Sensitive Initiative Underway

PINS 1 is finalizing preparations to conduct workshops to be held in Hyderabad and Tandojam focused on nutrition-sensitive interventions. The first workshop addresses the need to improve the diet of livestock, specifically the micronutrient content, for example by providing vitamins and minerals through 'Mineral Molasses blocks'. If introduced, these will enable livestock farmers make bigger profits and feed their families more nutritious foods. The workshop will help develop a roadmap for enabling access to such blocks for smallholder farmers.

The second workshop seeks to develop a roadmap for reducing the use of pesticides, which has an adverse effect on our diet and drinking water. The workshop will explain how smallholder farmers can be helped use pest-tolerant varieties and 'natural insecticides' that are less damaging to the environment. Steps will be taken to incorporate such measures in the multi-sectoral nutrition policy.

Implementation Updates

48 Poultry Entrepreneurs given grants to build demonstration sheds



329 Beneficiaries from poorest HH given grants to purchase goats

1259 Small farmer provided orientation/extension services on improved crop production



construction and use

228 VO-level Community-led Total Sanitation (CLTS) triggering for latrine



292 Village Action Plans (VAPs) developed to support access to safe water and achieve open



159 Low-cost disaster resilient demonstration latrines constructed

defecation free (ODF) status



PINS 2 signs MoU with Government of Sindh

A Memorandum of Understanding (MoU) was signed between PINS-2, led by Action Against Hunger (ACF), and the Department of Health, Government of Sindh on 24th January, 2019 in Karachi. The signing ceremony was attended by the Minister for Health and Population Welfare, Government of Sindh, Dr. Azra Pechuho and included focal members of the AAP.

Dr. Pechuho encouraged the Government of Sindh, the AAP and civil society to coordinate their efforts to fight malnutrition in Sindh through PINS.

PINS 2 Conducts Technical, IM and MEAL Working Group Meeting

A Technical, Information Management (IM) and Monitoring, Evaluation, Accountability and Learning (MEAL) working group meeting was held on 9th January with the objective of increasing coordination within stakeholders and partners of PINS. Participants spoke about managing data effectively through regularly updating the Nutrition Management Information System (NMIS) and building and following formal work plans and strategies for project implementation.

Training of Trainers on Community Fish Farming, Preservation and Market Access

A six-day training of trainers (ToT) from January 24th to the 29th was held in Hyderabad for government officials from the Fisheries Department. The training had both theoretical and practical sessions focused on developing the participants' knowledge on different breeds of fish, preparation of fish ponds, fish seed, feed and management of community fish pond. For the purpose of increasing dietary diversity, they were also trained in fish preservation techniques and linkages with market for sale of surplus fish.

1st Batch of Community Livestock Extension Workers Graduate



PINS 3 wrapped up the first 2 month-long training programme for Community Livestock Extension Workers (CLEWs). Conducted at the Research and Training Institute in Tando Muhammed Khan, this programme, in consultation with the GOS' Livestock Department, focused on building the capacity of 96 livestock workers, selected from Union Uouncils under PINS. The aim was to enhance their conceptual understanding and practical skills for livestock management, nutrition and breeding artificial insemination.

The participants, on completion, will be provided with kits for artificial insemination to start extension services in their target community and disseminate vital information by conducting fortnightly sessions at the farmer field schools established under PINS.

Training of Trainer (TOT) on CMAM/IYCF and SBCC Integration

PINS 2 organized a 5-day training of trainer (TOT) in Karachi to build capacities on Community-based Management of Acute Malnutrition (CMAM)/Infant, Young Child Feeding Practices (IYCF) and Strategy and Behavior Change Communication (SBCC). The topics are critical to the implementation of PINS 2. This calls for identifying malnourished children, forming community-wide support groups and reporting mechanisms. These activities were discussed in detail with the aim of having a clear understanding of CMAM/IYCF and SBCC at large.



Capacity Assessment for Nutrition in Sindh (CANS)

PINS is responsible for Capacity Assessment for Nutrition in Sindh (CANS) And Capacity Assessment for Nutrition in Sindh (CANS). These exercises will strengthen future capacity building with regards to nutrition in Sindh.

A round table consultation with key officials from the contributing departments and P&DB is under preparation to identify broad nutrition capacity gaps as perceived by the Government of Sindh. Experts will identify gaps in capacity and develop an AAP training plan from CANS by the end of March.

Food System Mapping Study Launched

A study on 'Food System Mapping', focusing on three staple crops (Wheat, Rice and Potato) across Programme target areas for PINS was launched in Karachi on 30th January, 2019. The findings and recommendations from this research, led by Saeed Ullah Khan (Glow Consultants) were shared with representatives from the Government of Sindh, Civil Society and Agriculture Sector along with focal staff from PINS. The study is expected to aid in filling the gaps identified in the supply chain of these crops. To read the study, click [here](#).



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