PROGRAMME FOR IMPROVED NUTRITION IN SINDH
In support of the Accelerated Action Plan, Government of Sindh

According to the World Bank, global prevalence of stunting improved at an average annual rate of 2.1%. However, Pakistan's stunting rates have barely changed over the last three decades, worsening in recent years. According to Pakistan Demographic and Health Survey 2017-18, 38% of children under 5 in Pakistan are stunted. In Sindh alone, a whopping 50% of children are stunted.

To address this, the Government of Sindh (GoS) through the Planning and Development Department (PDD) is implementing a six-year, (from 2016 to 2021), multi-sectoral Accelerated Action Plan for Reduction of Stunting and Malnutrition in Sindh – Sehatmand Sindh.

The European Union, under the EU Commission Action Plan on Nutrition (2014), is supporting the Sindh Government through the comprehensive Programme for Improved Nutrition in Sindh (PINS). PINS aims to sustainably improve the nutritional status of children under five (U5) and of pregnant and lactating women (PLW) in Sindh through nutrition-specific and nutrition-sensitive interventions while capacitating the Government of Sindh so that it may efficiently implement its multi-sectoral nutrition policy.

**Expected Impact of PINS**

- **Reduce prevalence of stunting in children under 5 from 50% to 45%**
- **Reduce prevalence of wasting in children under 5 from 18% to 13%**
- **Reduce prevalence of anaemia in pregnant women from 60% to 50%**

PINS comprises of three components – Technical Assistance, Nutrition-specific and Nutrition-sensitive. RSPN is leading the Nutrition-sensitive (PINS 3) component which focuses on reducing water-borne diseases and improving food diversity through disaster-resilient WASH infrastructures and sustainable food production systems in rural areas of Sindh. It is working with four partners: Action Against Hunger (ACF), National Rural Support Programme (NRSP), Sindh Rural Support Organisation (SRSO) and Thardeep Rural Development Programme (TRDP).

**Expected Outcomes of PINS 3**

- **Decrease in prevalence of diarrhoea in children under 5 from 28% to 18%**
- **Increase in expenditure on a minimum of four food groups (outside staples) by target households by 20%**
- **Increase in consumption of 5+ food groups by women between 15-49 years from 27% to 40%**
- **Increase in consumption of minimum acceptable diet by children under 2 from 13% to 30%**

PINS 3 will pay specific attention to the following cross-cutting themes:

- **Climate Change, Environment and Disaster Risk Reduction**
- **A Rights-Based Approach**
- **Gender Integration**
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Expected Results of PINS’ Nutrition-Sensitive Component

391,232 HOUSEHOLDS (approx.) will be mobilized and trained to improve their food intake as well as help in reducing water-borne diseases through disaster-resilient WASH infrastructures and sustainable food production systems through the following community institutions

- **194 Union Councils** will benefit from **906 Community Physical Infrastructure Initiatives**
- **1,938 Households** with pregnant and lactating women and children under 5 will receive 2 goats
- **6,250 Households** (0-23 PSC) will be provided with vegetable seeds for Kitchen Gardens at HH-level
- **1,938 Demo Latrines** will be constructed based on an approved disaster resilient design
- **193 Masons and Plumbers** will receive training on construction of low-cost disaster-resilient latrines and installation of hand pumps and will provide construction services in target areas
- **965 WASH Entrepreneurs** will be trained on sanitation concepts including its marketing, latrine construction and developing linkages with CRPs, masons and plumbers
- **3,876 Agriculture Entrepreneurs** will receive training to manage Farmer Field Schools and conduct activities such as train community members on kitchen gardening
- **3,876 Community Resource Persons** will collect household data and carry out Community-led Total Sanitation, develop Village Action Plans and conduct awareness sessions on WASH and better nutrition
- **193 Community Livestock Extension Workers** will be trained on livestock management and provide services including vaccination, drenching and breeding to community members
- **9,690 Poultry Entrepreneurs** will be trained on poultry management and receive inputs to improve community access to poultry products
- **16,500 Small Farmers** will receive financial support to purchase seeds and other inputs
- **1,938 VO s** will have access to safely managed drinking water through mapping, testing, chlorination and rehabilitation of communal water sources
- **209,304 Households** (0-23 PSC) will be provided with vegetable seeds for Kitchen Gardens at HH-level

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