

PROGRAMME FOR IMPROVED NUTRITION IN SINDH

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THE PINS PULSE

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The European Union-funded Programme for Improved Nutrition (PINS) aims to sustainably improve the nutritional status of children under five and of pregnant and lactating women in Sindh through institutional strengthening and building capacity of the Government of Sindh, by providing support to multi-sectoral nutrition policy, strategies and governance frameworks, for effective implementation of nutrition-specific and nutrition-sensitive interventions.

Workshop on nutrition for the Population Welfare Department's Officials

EU-PINS and the GoS' Population Welfare Department (PWD) undertook the 2nd phase of capacity building at divisional-level for the Tehsil Population Welfare Officers (TPWO), Field Officers, Female Welfare Counsellors (FWCs), Female Welfare Workers (FWW) and the Regional Training Institutes' (RTI) faculty of PWD. The series of divisional-level workshops was agreed in advance between the Secretary of PWD *Mr. Zahid Ali Abbasi* and the Chief Advisor/Team Leader of EU-PINS *Mr. Muhammad Zeeshan Tariq* to optimize its impact on nutrition in communities. Earlier, on 13 & 14 January 2021, a Training of Trainers at provincial-level benefitted 50 officials of PWD. The series of divisional-level training workshops was organized in February at Hyderabad on the 11th & 12th, in Sukkur on the 15th & 16th and Larkana on the 17th & 18th. In all 192 PWD officials benefitted from the six (06) workshops, which caters to all districts of Sindh and will cascade down to community level. *Dr. Zahra Ladhani*, Senior Advisor, EU-PINS led the training sessions and discussed the linkages and the nutrition awareness through information material, while *Dr. Ayesha Aziz*, EU-PINS briefed them on nutrition, malnutrition and its status in the province. *Dr. Rasheeda Mahar & Dr. Zainab Sehto*, Principals of RTI, and *Dr. Shazia Kiran* faculty of RTI Hyderabad, being part of the Training of Trainer session, conducted sessions on the communication skills, along with providing an update on the status of the Population & role of PWD in province for reduction of stunting and malnutrition. Specific nutrition messages through posters were also developed by the participants during group work. The divisional workshops were effectively coordinated by the Director, *Mr. Shah Faisal Zahir* and Deputy Director *Dr. Mehwish Mubarak* of PWD, along with EU-PINS. The training concluded with the certification.



PINS partnered with SUCCESS to Strengthen the Agriculture Intervention

EU-PINS is partnering with the Sindh Union Council and Community Economic Strengthening Support (SUCCESS), who are awarding Community Investment Fund (CIF) to 17 Female Agriculture Entrepreneurs (FAEs) in *Larkana and Qambar Shahdadkot*. CIF is a loan ranging from 30k to 50k, for setting up fruit plant nurseries at the Farmer Field Schools (FFSs). 10-day training to build their capacity on raising fruit plant nurseries is also in progress.



Community-led approach for improving nutrition in Sindh

EU-PINS Community Health Workers (CHW) offer important nutrition care to the communities. They not only counsel mothers individually through behavior change communication tools but also the Mother-to-Mother Support Groups (MTMSG) and Father-to-Father support Groups (FTFSG) within the communities as well as training them in sustainable healthcare solutions.



Members of the Father-to-Father support Groups (FTFSG) meet and discuss regularly in village *Buxo district Shikarpur*.

Training on Nutrition with Women Development and College Education Departments

The 2nd Phase of trainings on nutrition in collaboration with the Women Development and College Education Departments of Government of Sindh concluded in February. In all, **392** female faculty and students of girls' public colleges benefitted. The trainings held in five districts of Hyderabad Division, started in January at *Matiari and Tando M. Khan* and continued in February in the districts *Badin, Jamshoro (Kotri) and Thatta*. Chief Advisor/Team Leader of EU-PINS *Mr. Muhammad Zeeshan Tariq* in his closing remarks thanked the two departments. *Professor Bisma Shah*, Director College Education & focal person for these trainings presented certificates to the faculty of *Thatta*.

Awareness session on Moringa with Digital Tool Kit

EU-PINS district officials organized awareness sessions across Farmer Field Schools (FFS) using the brand new moringa digital toolkit, which details how



to grow tree as well as its multiple uses and benefits. These sessions will be attended by more than **100,000** households. *Ms. Zulekha, of Village Organization Bhambore, Thatta*, had planted moringa trees at her house & looked forward to learning more about its usage.



PINS Implementation Updates, February 2021



4,375 children cured, **193** treated at Nutrition Stabilization Centers (NSC) sites



6,205 Admissions at OTP- Out Patient Therapeutic sites



18 Water supply schemes completed



227 Women provided financial grants to purchase goats



13,300 Social Behavior Change Communication sessions conducted



36,508 Livestock treated/drenched/vaccinated by Community Livestock Extension Workers



151 Village Organisations declared open defecation free, **36** Low-cost disaster latrines constructed



163 VO level cleanliness campaigns conducted



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