

PROGRAMME FOR IMPROVED NUTRITION IN SINDH

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To support the Accelerated Action Plan, Government of Sindh

THE PINS PULSE

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The European Union-funded Programme for Improved Nutrition (PINS) aims to sustainably improve the nutritional status of children under five and of pregnant and lactating women in Sindh through institutional strengthening and building capacity of the Government of Sindh, by providing support to multi-sectoral nutrition policy, strategies and governance frameworks, for effective implementation of nutrition-specific and nutrition-sensitive interventions.

Treatment & Behavior Change in Nutrition, Recovery of Baby Majid Ali

Baby *Majid Ali* was 21 months old when he was admitted to the Outpatient Therapeutic Program (OTP) site in Basic Health Unit (BHU) *Wazirabad, District Shikarpur*. He is among the seven children of Ms. *Shahjahan*. Baby *Majid* remains sick and weak, and had diarrhea, after 8 weeks of treatment at the OTP he was discharged with Mid Upper Arm Circumference (MUAC) 12.3, and to ensure it didn't happen again his mother was counselled in a mother-to-mother support group. Now that she has been oriented on hygiene and food practices, her children don't fall ill, as frequently as before. She is happy with her healthy kids and now volunteers with Community Health Workers, in their work on nutrition.



District Level Training Workshops for the Education Managers

During April and May 2021, EU-PINS1, in collaboration with the School Education and Literacy Department (SELD) and its constituent Provincial Institute of Teachers Education (PITE) and Teachers Training Institutes (TTIs), Government of Sindh, designed and conducted a series of Training Workshops on Nutrition for Trainers and Education Managers. The Education Managers of 8 districts were trained in *Dadu and Thatta* on 26th April and 27th May 2021, respectively, while the Training of Trainers for 38 faculty members of PITE/TTIs was held on April 24, 2021. For the workshops the trainers used the resource manuals that had been developed by the EU-PINS and approved by Sindh Teachers Education Development Authority (STEDA).

The district-based workshops at *Dadu and Thatta* benefitted around 70 district-level Education Managers, including the District Education Officers, ADEOs, Taluka Education Officers, Head of Hub Schools and the faculty of TTIs. *Dr. Ayesha Aziz*, Senior Adviser with EU-PINS1 led the trainings with support of *Ms. Amima Sayeed*, Senior Education Expert and *Mr. Mushtaque Shahani*, Senior Facilitator – Education. This effort of capacity building was overall led by the Mr. Muhammad Zeeshan Tariq, Chief Adviser / Team Leader of EU PINS1.

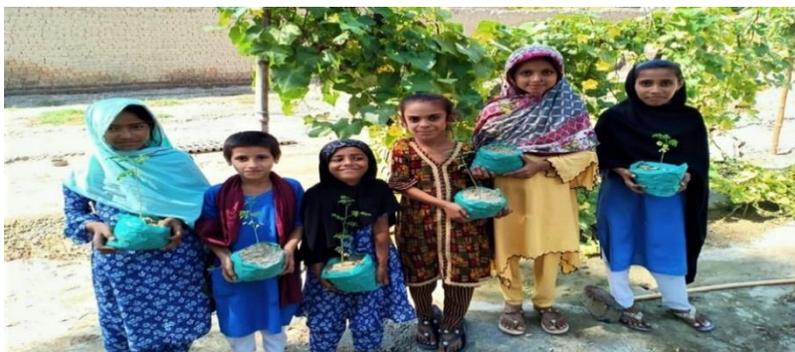
In all three events, more than 100 Education Managers of eight districts which includes *Dadu, Shikarpur, Larkana, Qambar Shahdadkot, Thatta, Tando Allah Yar, Matiari and Sujawal* benefitted. The training covered critical nutrition concepts, and their role and responsibilities at the district level to further improve the status of nutrition in province. They also received the training material including the manual developed by EU-PINS1. These training events were also observed by STEDA representatives, in the training event at *Thatta*, *Mr. Haroon Laghari*, Executive Director STEDA also observed the training proceedings along his colleagues.



Moringa Tree Plantation Campaign

Agriculture Entrepreneurs (AEs) across 193 Union Councils of PINS districts have been actively working to teach communities to plant moringa due to its health and environmental benefits. To date some 130,000 households have joined the planting initiative.

AEs also visit households to help address any issues and show them how to use the plant in meals.



PINS Implementation Updates May 2021



6,177 children cured, **236** treated at Nutrition Stabilization Centers (NSC) sites



5,090 Admissions at OTP - Out Patient Therapeutic sites



323 Community Organizations covered through community awareness sessions



70 Biological tests conducted on water sources



63 Village Organisations declared open defecation free



113,802 Households visited by Community Resource Persons



5 Alternate water sources developed



33 Rain-harvesting ponds/tanks constructed/rehabilitated

SIAPEP's Drip Irrigation Helping Communities

EU-PINS has collaborated with the Sindh Irrigated Agriculture Productivity Enhancement Project (SIAPEP) to install drip irrigation kits. Close to 1,200 kits have been installed in households that struggle to access water for their household-level agriculture. *Ms. Zahida*, a member of Village Organization *Haseeb Chandio, Larkana* is a recipient of the kit and is using it to irrigate her kitchen garden.

She is grateful to have received the kit and training which saves her multiple trips to the nearby water source. She now feeds her 4 children fruit and vegetables from the 20 square feet kitchen garden.



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